



County Clips

Volume 35, Number 6

June 2015



Happy 1st DAY
OF **SUMMER**
June 21st



Welcome New Employees

Laurie Gilbreath-----DA's Office
Brian Hasting----- District One
Howard Bankhead-----Purchasing W'hse
James Gipson ----- Public Works
Noah Winburn----- Maintenance
Edmund Crackel, III -----DA's Office
David Nelson ----- Water Department

Attention

**Madison County Employees
Mandatory Direct Deposit for all
employees will go into effect on
June 30th**

Madison County Health Clinic News

The Clinic will now begin seeing children ages 12 and up instead of starting at age 14. This is a great benefit for our employees that have children over the age of 11.

As always, employees are advised to make an appointment and to bring their driver's license and insurance card with them to the clinic.

Normal Medical Mall Pharmacy hours are: Monday through Friday 7:30 a.m. till 4:00 p.m. The Medical Mall Pharmacy is closed for lunch every day between 12:30 and 1:00.

*** Reminder, the Clinic will be closed on July 3, 2015.**

For Sale

2005 Ford 150: 4 wheel drive, auto transmission, cloth interior, long wheel base, suicide backdoors \$8500 obo. Call Josh at (256)316-6020.

2004 Chevy Monte Carlo SS: Great condition, runs great, interior in great condition. Call (256) 479-7740.

Queen Size Headboard Set: From Ashley Furniture, complete with rails, brand new, just delivered last week, \$250, Contact (256) 532-3302.

2013 Kawasaki Teryx 750 Side by Side: 117 miles, 37.8 hours, 2 seated, dump bed, soft top roof, front and rear A-arm skid plates, full Windshield, warn 2500 winch, rear bumper, spare tire, extended hitch insert, floor mats, and garage kept the whole time. \$10,000 FIRM, call (256) 763-2010.

OUR DEEPEST SYMPATHY

Jazmin McCainey-----Personnel Office
GRANDFATHER
Freida Sims ----- License Department
MOTHER
Diane Wilson ----- Tax Assessor's Office
MOTHER
Margo Partridge ----- Tax Assessor's Office
FATHER
Terri Morris----- Tax Assessor's Office
FATHER
Scott Biss ----- Detention Home
MOTHER-IN-LAW
Keith Stapler-----Public Works
GRANDMOTHER

Congratulations Retirees

Johnny Ragland----- Waste Control
Gene Woodard----- District One

Wedding Bells...Congratulations!

Frank Harris ----- Waste Control

Sharon Johnston Park Announcements

The staff at Sharon Johnston Park is proud to announce the opening of the new Wedding Pavilion. Please contact Regina at (256)379-2868 to schedule. The Sharon Johnston Pool opened Saturday, May 23rd. The Campground, with both rustic and septic sites are also opened.

Pavilions are available for family reunions.

Please contact Jenny or Regina for information regarding County Employee discounts (reservations, pool membership, etc.)

June 6th - Mission Firefly 5K.

June 27th - Madison County Saddle Club Horse Show.

As always, thank you for supporting our park. If you have any questions, please do not hesitate to call Jenny at (256)990-9791.

Happy Father's Day



Lost & Found

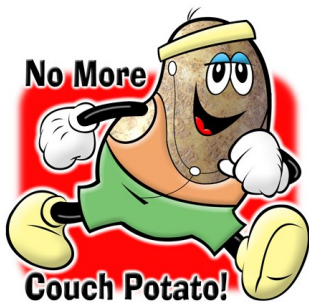
A pair of **Ray-Ban prescription eyeglasses** were left in the IT Department. Please call Bambi at (256)-532-3603 to claim them.



EMPLOYEE RESPONSIBILITIES WHEN INJURED ON THE JOB

- 1. Report the injury to your supervisor immediately.** If you are injured on the job, while performing a task or activity within the scope and sequence of your job, you must report it to your supervisor immediately.
- 2. Drug Screen.** You must be drug screened within 24 hours, or the next business day.
- 3. Receive authorized treatment.** You will receive treatment either at OHG (Occupational Health Group) at the corner of Governor's Drive and the Parkway; or Huntsville Hospital ER, depending on time of day, and severity of injury. If you are seen at the ER, do not follow their discharge instructions regarding follow up appointments. All treatment must be authorized.
- 4. Maintain contact.** Remember to maintain contact with your supervisor following each appointment, providing any paperwork regarding work restrictions or modified duty recommendations.
- 5. Ask questions.** If you have any questions at all, call Karen Myhand, Personnel, (256) 532-3614.
- 6. Remember, reporting a false injury is a felony.**

Feeling Low And Blue? Exercise Pumps Happiness Into The Brain



If you feel like your life is like a treadmill and nobody really cares, you need to do something. Get yourself back on the right track with physical movement (exercise), even if you don't want to.

Scientists say feeling bad is linked to low levels of neurotransmitters in the brain. Low levels of norepinephrine, dopamine and serotonin contribute to feelings of sadness, loss of interest in normal activities, tiredness, anxiety, and difficulty thinking.

One way antidepressants work is by increasing the levels of these brain chemicals, but exercise does the same thing. It works your heart and releases feel-better chemicals in the brain, and can normalize their levels.

Some depressed feelings could be caused by reduced blood circulation in the brain. Exercise can improve that circulation as well.

Working out, whether on exercise equipment, walking, or doing yard work, also decreases levels of the stress hormone cortisol.

In another discovery, scientists have found that exercise not only works against stress at the brain level, but in the muscles as well.

In addition to biological effects, exercise has positive emotional and social effects.

- * It helps you get the mental tools you need to cope with life and gain confidence.
- * Focusing on exercise gets you away from negative thoughts and worries.
- * Physical activity may bring you more social interaction. Just exchanging a smile while you walk in the neighborhood can help your mood.
- * You will cope in a healthy way. It's something positive you can do to manage anxiety or depression.
- * Even short one-time bouts of exercise will elevate your mood for a time.

MADISON COUNTY COMMISSION will host two meetings on Wednesday, June 24 for employees to meet with Representatives from Social Security. The meetings are scheduled to begin at 11:00 a.m. and 12:00 p.m. in the Jury Venire Room on the sixth floor of the Court-house. Please contact Personnel at (256) 532-3614 to sign-up. The meetings will help employees establish their online personal account with the social security administration. The online benefits include a way to review earnings history, and the capability of running benefit estimates. Personnel can schedule up to 12 employees in each meeting.



my Social Security

sign up for your account today



Sign up for a *my* Social Security account at

<http://www.socialsecurity.gov/myaccount/>

Event:

Location:

Dates(s):

Times(s):

Social Security representative(s) will be here to assist you.

my Social Security is a free online account that allows people quick, secure access to their personal Social Security information.

Why create a *my* Social Security account?

- Individuals can use *my* Social Security to access their *Social Security Statement* to check their earnings and get estimates of future retirement, disability, and survivor benefits you and your family may receive.
- If you already receive Social Security benefits, you also can get your benefit verification letter, change your address and phone number and start or change direct deposit information.

To create an account, visit www.socialsecurity.gov/myaccount and select **“Create An Account.”** You will have to provide some personal information about yourself and give us answers to some questions only you are likely to know to verify your identity.

Next, you choose a **“username”** (8 to 20 letters and/or numbers) and an **“8-character password”** (at least one capital letter, one lowercase letter, at least one number and at least one symbol) to access your online account. This process protects you and keeps your personal Social Security information private.



Happy July Birthdays

1	Morgan Chisowsky	Alternative Sentencing	13	Charity Beasley	Sheriff's Department	21	Anna Ounoutha	Juvenile Probation
1	Thomas Glover	District Attorney	13	Christopher Lawson	Sheriff's Department	21	James Thompson	Planning & Development
1	Kevin Caputo	Sales Tax	13	Gellert Carter	License Department	21	Anthony Owens	Waste Control
1	Tammy Green	Sheriff's Department	14	Lena Johnson	Sheriff's Department	22	Jeffrey Stewart	Public Works
2	Nicholas Wallace	Sheriff's Department	14	James Kent	Waste Control	22	Jerry Dalrymple	Sheriff's Department
2	Joyce Williams	Sheriff's Department	16	Matthew Newby	County Fire	23	Angie Lane	District Attorney
2	Timothy Tankersley	Sheriff's Department	16	Dennis Atkinson	Sheriff's Department	23	Perrethia Youngblood	License Department
3	James Long	Sheriff's Department	16	Alicia Bryant	Sheriff's Department	23	Richard Gattis	Tax Assessor
4	Micah O'dell	Juvenile Probation	16	Leivi Ortega	Sheriff's Department	23	James Matthews	Water Department
4	Phillip Clanton	Maintenance	17	Karista Barcus	District 3	24	Matthew Fry	County Fire
4	Jamaica Fletcher	Waste Control	17	Billy Jones	Sheriff's Department	24	Christopher Goodwin	Sheriff's Department
5	Gordon Morrison	Sheriff's Department	17	Anna Arnold	Tax Assessor	24	Joseph Washington	Sheriff's Department
5	Buford Mann	Tax Assessor	17	Lorenzo Baker	Water Department	24	Dennis Daversa	Sheriff's Department
6	Alfred Hammond	Sheriff's Department	18	Jacob Fanning	Sheriff's Department	24	David Birdsong	Water Department
6	Dwala Robertson	Tax Assessor	18	Mary Clift	Tax Collector	25	Tamera Morgan	Alternative Sentencing
6	Dakota Duncan	Waste Control	18	Roderick Frinks	Waste Control	25	Martha Howard	Tax Assessor
7	Larry Baker	District 1	19	Joan Cole	District Attorney	26	Benjamin Hughes	Sheriff's Department
9	Wanda Yelverton	County Commission	19	John Debus	Sheriff's Department	26	William Satterfield	Sheriff's Department
9	Paynee Ford	District 1	19	Dawn Matthews	Juvenile Probation	26	Terrill Tasker	Sheriff's Department
9	Miles Robinson	District 4	19	Lois Vitale	Tax Assessor	26	Stacy Rutherford	Sheriff's Department
9	Eugene Nash	Sheriff's Department	20	Earl Wootson	Alternative Sentencing	27	Willie Holland	Waste Control
10	Brian McClure	Maintenance	20	Arvil Hutto	District 4	28	Alice Sams	District 6
10	Melanie Etuwewe	Planning & Development	20	Barry Potter	Juvenile Probation	29	Dale Triplett	Sheriff's Department
10	Bryce Connor	Sales Tax	21	Leanne Condrey	Alternative Sentencing	30	Kimberly Biederman	Probate Judge
10	John Neal	Water Department	21	Luke Mullins	District 1	30	Jamie Hooks	Probate Judge
11	Willard Edwards	District 1	21	Tara Bah	District Attorney	30	Daniel Kinn	Public Works
11	Rhonda Swaim	License Department	21	Gabrielle Helix	District Attorney	31	Kevin Wilbanks	Sheriff's Department
12	Carlton Schrimsher	Public Works	21	Johnny Hornbuckle	Sheriff's Department			

June Years of Service Anniversaries

YRS.

32	Willie Erwin	Maintenance
30	John Rice	District 4
30	Larry Tisdale	ITS
27	Sharion Butler	Sheriff's Department
25	Joseph Rice	Sheriff's Department
24	Gordon Allen	District 1
24	Kevin Dearmond	District 3
24	Robert Adcock	Waste Control
23	Jimmy Sharpe	County Fire
22	Shelby Cloud	District 3
22	Janet Foley	District Attorney
21	Ronald York	Maintenance
19	Lorenzo Booker	Motor & Equipment
18	Berry Turner	Motor & Equipment
18	Theresa Hocken	Sheriff's Department
18	Douglas Mayes	Waste Control
17	Kathleen Walker	County Commission
17	Patty Hanson	Probate Judge
17	Susan Humphreys	Probate Judge
17	Derrick Shockley	Purchasing Warehouse
17	Mary Dennis	Sales Tax
17	Donald Monroe	Sheriff's Department
16	April Hubert	Alternative Sentencing
16	Kathy Smith	Juvenile Probation

YRS.

16	Shane Stiles	Sheriff's Department
15	Michael Tidwell	Sheriff's Department
13	Kelvin Humphrey	Sheriff's Department
13	Morris Holmes	Sheriff's Department
13	Jonas Wilson	Sheriff's Department
12	Jonathan Shuman	Sheriff's Department
12	Christopher Mills	Sheriff's Department
12	Kevin Wilbanks	Sheriff's Department
12	Annette Allred	License Department
12	Charles Mullins	Purchasing W'hse
12	Gregory Gray	Sheriff's Department
11	Amy Curtis	Tax Assessor
11	Steven Craig	Tax Assessor
10	Teresa Kennemer	Sheriff's Department
10	Amanda Estess	Mailroom
9	Daniel Mitchell	District 3
9	Crystal Brown	District Attorney
9	Kristina Cys	Sheriff's Department
8	Morgan Chisowsky	Alternative Sentencing
8	Colby Guthrie	District 1
8	Jeffery Ledbetter	District 3
8	Allen Vaughn	District 3
8	Shannon Champion	Sheriff's Department
8	Nancy Tate	Probate Judge

YRS.

8	Kenneth Hooper	Sheriff's Department
7	Kraig Priest	District 1
7	James Owens	District 4
7	Henry Hamby	District 6
7	Nan Lee	District Attorney
7	Susan Goodson	District Attorney
7	Edward Lewter	Sheriff's Department
7	William Green	Sheriff's Department
7	Daryle Miller	Sheriff's Department
7	Rodney Smith	Sheriff's Department
7	Courtney Townsend	Maintenance
7	Paul Hall	Motor & Equipment
7	Michael Williams	Sheriff's Department
6	Paul Sandlin	District Attorney
6	Elbert Kent	Sales Tax
5	Gene Bolden	District 1
5	Bradley Pence	District 3
5	Amis Chastain	District 3
5	Kerry Battle	Sheriff's Department
5	Matthew Hill	Sheriff's Department
5	Christopher Lawson	Sheriff's Department
5	James Long	Sheriff's Department
5	Ismael Pellot	Sheriff's Department
5	Jenny Barrett	Sharon Johnston Park

THANK YOU
FOR YOUR HARD WORK